

LION'S MANE



Hericium erinaceus

Actions: neuro-regenerative, neuroprotective, nerve tonic, nootropic, immune modulating, immune stimulant, anti-microbial, styptic, anti-tumor, Antidiabetic, anti-inflammatory

Lion's mane is a highly medicinal mushroom. One of the most fascinating aspects of lion's mane is its ability to cross the blood-brain barrier to directly support brain cells! It helps create new brain cells and strengthens old cells!

LION'S MANE USES

- Boost immune system
- Fights anxiety and depression
- Boost cognitive function
- Helps increase memory skills
- Helps with Focus
- Anti-Cancer properties
- Improves Energy Levels
- Improves digestion
- Supports heart health and circulation
- Helps prevents neurological problems

Precautions: Avoid if you have allergies to mushrooms